

Rhythm Values

Whole Note =  = 4 Beats

Half Notes =  = 2 Beats

Quarter Notes =  = 1 Beat

Eighth Notes =  = 1/2 Beat

Whole Rest =  = 4 Beats

Half Rests =  = 2 Beats

Quarter Rests =  = 1 Beat

Eighth Rests =  = 1/2 Beat